

Berkeley Aquatic Club Long Course Summer Meet

NJ SWIMMING **NJS#071410LC**

SANCTION NO.: ***NJ Swimming Sanction***

Hosted by BERKELEY AQUATIC CLUB and RUTGERS UNIVERSITY

DATE: Wednesday, July 14, 2010

Location: **Sonny Werblin Recreation Center**
Rutgers University
656 Bartholomew Road
Piscataway, NJ 08854
732-445-0460 (for emergencies ONLY)

The pool is Olympic-sized - 8 lane by 50 meters. The pool uses pedestal-style starting blocks, with non-turbulent lane lines, and a Colorado Timing system. The minimum depth of the competition pool is 6 feet. There are two auxiliary pools, known as "patio pools" (for warm-up and warm-down), and seating for 1,000 spectators, including 400 chair-backed seats. The remaining seating is bleacher style. Access to the pool deck will be via the staircase nearest the diving tower end of the pool. Stairs at the scoreboard end of the pool will only be used by officials, timers and other meet workers, and swimmers exiting the Main Pool. Parking is available in various Rutgers lots. Please park only where "SWIM MEET PARKING" signs are posted and follow the instruction of the Rutgers Security Guards.

MEET DIRECTOR: Nancy King Contact at bacmeetentries@bluestreakaquatic.com or 973-376-1783

MEET REFEREE: Howard Allen Contact at HowardJAllen@comcast.net

MEET MARSHALL: Eric Fucito Contact at ericf7cito@optonline.net

ENTRY

COORDINATOR: Nancy King Contact at bacmeetentries@bluestreakaquatic.com or 973-376-1783

ENTRY

DEADLINE:

All entries will be entered in the order received, regardless of LSC affiliation, as space allows. The session will be limited to three and one quarter hours and 225 swimmers.

1. The entry deadline is Wednesday, June 30, 2010. No entries will be accepted after this date.
2. Entries will not be considered complete unless the waiver form is received. In accordance with the New Jersey Swimming rules, a non-refundable entry fee of \$4.00 per Event must accompany the entries.

3. Make checks payable to "Blue Streak Aquatic"

MEET FORMAT WAIVER:

The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes would be: to allow more swimmers to swim; to conform to facility capacity limits or for facility safety concerns; to condense the meet into smaller time frame.

INTERNET WEBSITE

POSTING:

Meet information and a Hy-Tek event list with time standards, importable into Team Manager, will be posted on the Berkeley Aquatic Website and on the New Jersey Swimming website:

www.berkeleyaquatic.org and www.njswim.org

Any changes to the meet format or schedule will be posted on the websites.

MEET REQUIREMENT

STATEMENT:

This meet qualifies as "one" of the two required meets to be eligible for the New Jersey LC Zone Championship Team or for New Jersey National Championship Reimbursement. The times achieved at this meet are eligible for New Jersey LC Zone teams.

COACHES:

All coaches "on the deck" must be registered with USA Swimming and be 2010 Members of USA Swimming. Coaches must show coaching card with background check validation for entrance to facility. Coaches must show coaching card before picking up any meet information or scratch sheets. Coaches must have coaching card visible at all times while on deck and when entering hospitality area.

OFFICIALS:

Participating clubs are requested to provide as many USA-S certified officials as possible. Please email Howard Allen at **HowardJAllen@comcast.net** to volunteer. Officials working the meet must present their 2010 Swimming Officials' credentials, as well as their 2010 USA Swimming membership card: (1) to admissions when entering the building and (2) to the Meet Referee on deck; otherwise, admission will be charged and the Official will not be eligible to work the meet.

**SWIMMER
ELIGIBILITY:**

Swimmers must be USA-S registered (or other FINA member) in order to compete in this meet. All swimmers must be listed in the team's official entry file in order to participate in the meet. Any transfer swimmer(s) must swim unattached for 120 days from their last competition. Please enter them as a separate team named: XXXUN where XXX are the first three letters of your team abbreviation. Entries for swimmers without valid 2010 USA-S registrations will not be entered in the meet. NJ Swimming performs a registration check a few days after the official deadline and ineligible swimmers will be notified at that time.

All swimmers must meet the attached time standards. Times converted from Short Course times are allowed.

All swimmers are limited to a maximum of 3 individual events

Age group is determined by the swimmer's age on Wednesday, July 14, 2010.

Swimmers entered in more than three (3) individual events in a session who fail to scratch down to this number before the check-in/scratch deadline established for the session will only be eligible to swim in the first three (3) events for which the swimmer was entered in that session in accordance with the New Jersey Scratch Policy.

**CHECK-IN and
SCRATCHES:**

All check in sheets must be turned into the control room 30 minutes before the start of the session. Swimmers who are swimming will have lines through their names. Swimmers who are being scratched will have their names circled with "SCR" next to the circle. A swimmer scratching a single event will have a line through his or her name and the event number circled with "SCR" next to the circle.

If a coach fails to return his/her scratch sheet to the control room by 30 minutes before the end of the session's warm up, the entire team will be scratched from that session of the meet. Unattached swimmers must also check in with the control room not later than 30 minutes before the end of the session's warm up or they will be scratched from the session.

MEET FORMAT:

This meet will be run in accordance with 2010 USA Swimming rules.

All events will be swum as timed finals. The meet information and Team Manager files include time standards and events for each age group. However, at the meet, the 10 and under events and 11-12 events will be combined into 12 and under events for each gender and the 13-14 events and 15 and over events will be combined into 13 and over events for each gender. Please use the Team Manager file provided. The events will be swum as 12 and unders and 13 and overs but results will be posted as 10

and unders, 11-12's, 13-14's and 15 and overs and awards will be given for each age group.

SCHEDULE:

Warm Up: 5:00-5:45 pm
Start: 5:45 pm
Finish: 9:00 pm or earlier

DOORS OPEN AT 4:45 pm - NO EARLIER

**WARM UP
PROCEDURES:**

All teams will warm up at the same time. Lanes will not be assigned. Circle swimming will be in the counter clock wise direction. Entry shall be from the starting block end of the pool and must be feet first entry. At the Meet Referee's discretion, Lane 1 may be designated a pace lane and Lanes 6, 7 and 8 may be designated one way lanes. Relay starts may not be used. The warm-up will be conducted under the New Jersey Swimming Warm up Procedures and General Safety Guidelines. In accordance with those procedures the use of equipment is prohibited during the general warm-up session.

ENTRY TIMES:

All entry times must meet the attached qualification times. Times may be converted from short course times but must be entered as meter times.

AWARDS:

Ribbons will be presented to the top 3 finishers in each event in each age group (10 and under, 11/12, 13/14 and 15 and over.)

ENTRY FEES:

Entry fee: \$4 per event

**ADMISSION AND
PROGRAMS:**

Admission will be \$4.00 per person and will include a heat sheet, if possible. Since we do positive check in, the heat sheet may not be available until after the start of the meet.

ENTRIES:

In accordance with NJS policy, entries may be submitted by Email to bacmeetentries@bluestreakaquatic.com

All entries must be Hy-Tek program entries as an attached file to an email. The meet entry coordinator will respond to emails within 48 hours. If you do not receive an email response within 48 hours, assume that your email has not been received. It is the **emailer's** responsibility to make sure that the email is received by the entry coordinator. If you do not receive an email response, you must contact the entry coordinator by email or phone or mail in your entries. An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry. Entries must be submitted in meters times only but may be converted from yards. No phone or faxed entries will be accepted. It is not necessary to overnight or express mail checks and waivers which are sent in support of an emailed entry.

Note: Fed-Ex, Airborne and other carriers cannot deliver to P.O. Boxes. If you mail your entries/fees directly to our facility and not to our P.O. Box, we may not receive it in a timely manner and are not responsible. Please send mail only to our P.O. Box.

Entry Fees must be paid at the time of entry. Please mail all entries to:

Berkeley Aquatic Club – Summer Long Course meet
P.O. Box 215
Berkeley Heights, NJ 07922
Telephone: 908-464-0574

RESULTS:

Results will be posted at www.berkeleyaquatic.org and www.njswim.org. Results in Word, HTML and a Hy-Tek file, including splits, suitable for downloading into Team Manager will be posted the day after the meet.

HOST CLUB

RESPONSIBILITIES:

Berkeley Aquatic Club (BAC) will provide all timers.
A minimal hospitality room will be maintained for coaches and officials. It is located behind the control room on the pool deck.

PARTICIPATING CLUB Participating clubs are encouraged to provide as many officials as possible. Contact Howard Allen at HowardJAllen@comcast.net,

Participating club parents must stay off the pool deck.

No pets are allowed!!!

Directions to Sonny Werblin Recreation Center

**Address: 656 Bartholomew Rd, Piscataway
Campus: Busch Campus**

Garden State Parkway Southbound

Turn off at Exit 129 for the New Jersey Turnpike and head south. Turn off at Exit 9, bear right after the tollbooths and follow signs for “Route 18 North – New Brunswick.” Stay to the left to continue on Route 18 North. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

Garden State Parkway Northbound

Turn off at Exit 105 and follow signs for Route 18 North. After approximately 24 miles, you will pass the entrance for the New Jersey Turnpike. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

Interstate 287

Turn off at Exit 9 “Bound Brook/Highland Park.” Proceed East on River Road toward Highland Park. Continue on River Road and you will pass under the overpass for Route 18. Make the next left onto Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

New Jersey Turnpike

Turn off at Exit 9, bear right after the tollbooths and follow signs for “Route 18 North – New Brunswick.” Stay to the left to continue on Route 18 North. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

US Route 1

Turn off at exit marked “Route 18 North-New Brunswick.” Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

Berkeley Aquatic Club Summer Long Course Meet

TEAM: _____

USA-S CLUB CODE _____

| | | | |
|--|--|--|--|
| Names of Coaches | | | |
| | | | |
| | | | |
| Club Mailing Address | | | |
| | | | |
| | | | |
| Contact Person Regarding These Entries | | | |
| Phone No. | | | |
| Email: | | | |
| Contact Person Regarding Officials-parent-not coach | | | |
| Phone No. | | | |
| Email | | | |

ENTRY FEE SUMMARY

| | | | |
|--------------------------|--|-------------------|-----------|
| Number of Entries | | x \$4.00 = | \$ |
| | | | |
| | | | |
| | | | |

MAKE CHECKS PAYABLE TO BLUE STREAK AQUATIC

Do you have any unattached swimmers? If so, please list here:



**NEW JERSEY
SWIMMING**

*****WAIVER*****

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA-Swimming, **Rutgers University or Berkeley Aquatic Club** and their staff for any injuries and/or expenses occurred by me/us at the swim meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

NAME OF CLUB: _____

USS CLUB ABBREVIATION: _____

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

_____ (Print Name)

_____ (Signature)

_____ (Address)

I hereby certify that all swimmers and coaches listed on the NJSI Master Entry Sheet or hard copy with disk entries, for 'Berkeley Aquatic Club's Summer Long Course Meet to be held July 14, 2010_ at **Rutgers University**, are registered members of New Jersey Swimming/United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature _____ Date _____

(Signature can be photocopied)

Article 302.4 of the United States Swimming Rules and regulations.

False Registration: An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Berkeley Aquatic Club Long Course Summer Meet

| <u>WOMEN</u> | <u>STANDARD</u> | <u>AGE GROUP</u> | <u>EVENT</u> | <u>STANDARD</u> | <u>MEN</u> |
|---------------------|------------------------|-------------------------|---------------------|------------------------|-------------------|
| 1 | 5:07.49 4:48.99 | 13/14 15 & over | 400 Free | 4:59.49 4:30.89 | 2 |
| 3 | 1:51.79 1:34.59 | 10 & under 11/12 | 100 Breast | 1:51.79 1:34.39 | 4 |
| 5 | 1:29.49 1:25.59 | 13/14 15 & over | 100 Breast | 1:24.59 1:17.09 | 6 |
| 7 | 3:16.59 | 12 & under | 200 Back | 3:16.59 | 8 |
| 9 | 2:49.39 2:39.49 | 13/14 15 & over | 200 Back | 2:42.89 2:25.99 | 10 |
| 11 | 39.29 34.59 | 10 & under 11/12 | 50 Free | 39.29 34.59 | 12 |
| 13 | 32.69 30.69 | 13/14 15 & over | 50 Free | 30.39 28.09 | 14 |
| 15 | 1:43.69 1:24.69 | 10 & under 11/12 | 100 Fly | 1:43.69 1:24.09 | 16 |
| 17 | 1:16.59 1:12.89 | 13/14 15 & over | 100 Fly | 1:13.29 1:06.69 | 18 |
| 19 | 3:29.89 2:59.89 | 10 & under 11/12 | 200 IM | 3:29.89 2:59.89 | 20 |
| 21 | 5:57.49 5:34.49 | 13/14 15 & over | 400 IM | 5:40.69 5:11.09 | 22 |