



Berkeley Aquatic Club

Age Group Coaches' Bulletin

January 28-February 3



Thursday	2/04	Practices as per schedules
Friday	2/05	Practices as per schedules
Saturday	2/06	Practices as per schedules
Sunday	2/07	
Monday	2/08	Practices as per schedules
Tuesday	2/09	Practices as per schedules
Wednesday	2/10	Practices as per schedules

Other Information

Outlook for Next Week- Feb 4-10

This is subject to change!

***Please check in with a BAC coach no later than 15 minutes prior to warm up at swim meets!**

12 and Under Pentathlon Warm Up Times:

9 and unders- 10:30 am
10-12 year olds- 2:00 pm

Upcomming Meets:

2/21- DM League Championships
2/21- Last Chance Meet

Thurs 2/11	Practices as per schedules
Fri 2/12	Practices as per schedules
Sat 2/13	Practices as per schedules
Sun 2/14	12 and under Pentathlon
Mon 2/15	Practices as per schedules
Tues 2/16	Practices as per schedules
Weds 2/17	Practices as per schedules

